

OPTIMA DIAGNOSTIC IMAGING

CT • MRI • PET/CT • BONE SCAN

8900 WILSHIRE BOULEVARD

BEVERLY HILLS, CA 90211

PHONE (310) 432-8999 FAX (310) 432-8995 WWW.OPTIMADI.COM

FREE VALET PARKING

PATIENT INFORMATION

PATIENT NAME: _____

DOB: _____ PHONE: _____

EXAM(S) ORDERED

EXAM: MRI BODY PART _____

CT BODY PART _____

PET/CT

WITH DIAGNOSTIC CT BODY PART _____

BONE SCAN (NAF WHOLE BODY BONE TOMOGRAPHY)

CONTRAST: WITH WITHOUT WITH & WITHOUT

AT RADIOLOGISTS DISCRETION

CLINICAL IMPRESSION/DX (REASON FOR EXAM):

DOES PATIENT HAVE ALLERGIES?: YES NO

IS PATIENT PREGNANT?: YES NO

IS PATIENT DIABETIC?: YES NO

BUN/CREATININE IF AVAILABLE: _____

OTHER SPECIAL INSTRUCTIONS: _____

REFERRING PHYSICIAN: _____

SIGNATURE: _____

YOUR APPOINTMENT IS: _____ TIME: _____

NOTE: CAREFULLY FOLLOW EXAM PREPARATION INSTRUCTIONS
ON THE BACK OF THIS FORM

PATIENT PREPARATION PLEASE FOLLOW CAREFULLY

PLEASE ARRIVE 15 MINUTES EARLY AND BRING THIS FORM AND INSURANCE CARD WITH YOU TO YOUR EXAM

TO OUR PATIENT

- IF YOU HAVE PREVIOUS X-RAYS OF THE AREA WE ARE TO STUDY, BRING THEM WITH YOU TO YOUR APPOINTMENT
- WITH ALL EXAMS, TAKE YOUR USUAL MEDICATION WITH THE MINIMUM NECESSARY WATER, UNLESS INSTRUCTED OTHERWISE
- LEAVE JEWELRY AND WATCHES AT HOME. WEAR LOOSE, COMFORTABLE CLOTHING
- LET OUR STAFF KNOW IF YOU ARE PREGNANT OR BREAST FEEDING
- PATIENTS HAVING MYELOGRAMS OR SPINAL INJECTIONS MUST BE ACCOMPANIED BY ANOTHER PERSON TO DRIVE THEM HOME AFTER EXAM

MRI

- IF YOU HAVE PACEMAKER, ARTIFICIAL HEART VALVE, BRAIN ANEURYSM CLIPS OR ANY OTHER METAL IN YOU BODY, PLEASE CONTACT OUR OFFICE PRIOR TO YOUR APPOINTMENT
- ABDOMINAL MRI, NOTHING TO EAT OR DRINK PRIOR TO APPOINTMENT. YOU MAY HAVE WATER

CT

- NOTHING TO EAT OR DRINK 4 HOURS PRIOR TO APPOINTMENT TIME. YOU MAY HAVE WATER
- PLEASE CONTACT OUR OFFICE IF YOU HAVE HAD A BARIUM ENEMA OR UPPER GI SERIES WITHIN THE PAST WEEK
- EXAMS WITH IV CONTRAST: IF YOU ARE TAKING GLUCOPHAGE (METFORMIN) FOR DIABETES OR HAVE A HISTORY OF IODINE ALLERGIES, PLEASE CONTACT OUR OFFICE

PET/CT & BONE SCAN

- NOTHING TO EAT OR DRINK 6 HOURS PRIOR TO YOUR APPOINTMENT. YOU MAY HAVE WATER
- IF YOU ARE DIABETIC, PLEASE CONTACT OUR OFFICE FOR SPECIFIC INSTRUCTIONS
- AVOID STRENUOUS EXERCISE 24 HOURS PRIOR TO PROCEDURE
- EAT A LOW CARBOHYDRATE DIET THE DAY BEFORE YOUR EXAM

**CT • MRI • PET/CT • BONE SCAN
FREE VALET PARKING
STATE-OF-THE-ART TECHNOLOGY
SAME DAY APPOINTMENTS**

